

SEXUAL HEALTH AND FAMILY PLANNING ACT

ANNUAL REPORT

2023-2024



BIG NUMBERS

B

EDUCATION

51 SCHOOLS VISITED

CLINICAL

1837

DOCTOR APPOINTMENTS

4009

CLINICAL

CLINICAL

1824

CONTRACEPTION APPOINTMENTS

NURSE CONSULTANT APPOINTMENTS

32,000 ONLINE

EDUCATION

4758

STUDENTS ENGAGED IN EDUCATION SESSIONS

EDUCATION

755

HOURS TRAINING DOCTORS

COUNSELLING

300

HOURS PREGNANCY OPTIONS

WEBSITE HITS

COUNSELLING

65

SESSIONS SEXUAL HEALTH AND WELLBEING

EDUCATION

287

HOURS TRAINING NURSES

2023–2024

ANNUAL REPORT

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Supported by funding from the ACT Government, Commonwealth Government, Capital Health Network and the generosity of our clients, volunteers, donors and community.

CHAIR & ED REPORT



WHAT A SIGNIFICANT MILESTONE – 50 YEARS OF DEDICATION AND COMMITMENT TO IMPROVING THE SEXUAL AND REPRODUCTIVE HEALTH OF CANBERRANS!

Our suite of reproductive and sexual health primary healthcare services, including sexual health screening, contraception, pregnancy, menopause, pelvic pain and women's and men's healthcare continued to grow, with clients accessing 4009 doctor appointments and 1837 nursing consultations over the year. We continued as the leader in sexual and reproductive health workforce development, including post-graduate education for nurses and doctors in the ACT region, integrating clinical placements into the service, thereby providing hands on, supervised, experiential learning for medical professionals and free or low-cost access to services, particularly for priority populations.

Our new Pelvic Pain Clinic, funded by Capital Health Network, was established in response to the need for a place-based approach to improving quality of life outcomes for women experiencing pelvic pain in the ACT and surrounds. SHFPACT's Pelvic Pain clinic has delivered a multipronged approach, designed to improve quality of life outcomes, through individualised interventions and treatment plans, training and capacity building for GPs and Allied Health clinicians, and improved interconnection, networks and ongoing supports for the sector through the ACT Pelvic Pain Network.

Like many new initiatives, the initial 9 months of the program has been a time of great innovation in which approaches have been trialled, reviewed and modified, with the team adjusting to challenges as they arise, learning from the results and implementing changes to ensure the greatest impact for the community.

Likewise, our Menopause Clinic has gone from strength to strength with demand for the service consistently increasing year on year since 2016.

IN 2023/2024, SHFPACT PROVIDED OVER 800 MENOPAUSE CONSULTATIONS DEMONSTRATING AN 8-FOLD INCREASE FROM OUR BEGINNINGS IN 2005.

Our Professional Development training (both clinical and non-clinical) continued to grow and develop, as has our Education and Health Promotion programs in schools and the community. Our old favorites such as National Condom Day, O Week, Cup Day and various SHLiRP's continued to ensure our reach to priority populations in relation to health promotion and STI testing.



ED TRACEY HALL

Unfortunately, after 7 years of operation, the Safe & Inclusive Schools Initiative (SAIS), dedicated to assisting all schools and education programs in the ACT to develop and maintain safe, inclusive environments for all children and young people regardless of their gender, presentation/identity, intersex status or sexual orientation came to a close in early 2024. We remain hopeful that funding will be renewed in early 2025, ensuring we can continue to drive this incredibly important work.

Congratulations to our Youth Peer Educators (YPEs) who progressed their community development projects through the Interface project funded by the ACT Healthy Canberra Grants. We look forward to viewing the final resources at our YPE Showcase in December and integrating these tools in our health promotion activities in the future.

Our *Safer Me, Safer You* program, funded by the Commonwealth Department of Social Services (DSS) as part of the National Prevention of Violence Against Women and Girls, built upon successes of previous years. All phase 1 goals of the project were achieved including three interconnected elements of; amplifying the voices of women, girls and gender diverse people with a disability to co-design all initiatives, developing best practice guidelines for organisations and workers to build approaches that increase social and sexual safety of people with a disability, and extending the reach of the existing SoSAFE! Framework.

Funding for Phase 2 of the project was successfully secured and we look forward to driving this project forward as part of our national strategy.

The ACT commissioning for outcomes progressed, with the STI/BBV subsector being the next 'cab off the ranks'. General Sexual and Reproductive Health services were considered out of scope and consequently identified for a future phase of the commissioning process. Unfortunately, as Sexual and Reproductive Health and STI prevention are inextricably linked in an integrated health response, the artificial dissection has been problematic and brought multiple challenges for the organisation.

LOOKING ON THE BRIGHT SIDE, SHFPACT SUCCESSFULLY SECURED 7-YEAR FUNDING UNDER THE STI/BBV COMMISSIONING PROCESS, THEREBY ATTAINING A DEGREE OF SECURITY IN AN UNCERTAIN AND UNPREDICTABLE OPERATING ENVIRONMENT.

In March, we celebrated our 50th year of working to improve the sexual and reproductive health of Canberrans. This significant milestone was marked by a celebration attended by our members, supporters, funders, MLA's and passionate community members. The event allowed us to recognize sexual and reproductive health as a basic human right and celebrate SHFPACT's impact and reach since our humble beginnings.

Finally, after 20 years of dedicated service, 16 as our Executive Director, we farewelled Tim Bavinton as he embarked on the next phase of his career and journey, sure to be underpinned by a continued commitment to social justice and improved outcomes the communities he will serve. Thank you very much to Sarah-Jane Olsen, Senior Director Organisational Development and Quality Improvement, who so skillfully stepped into the role of Executive Director in an acting capacity, ensuring a smooth transition and confidence in leadership during the recruitment process for the incoming Executive Director. I commenced in the role in early June and am proud and privileged to lead SHFPACT into our sixth decade of championing the sexual and reproductive health of our community.

Thank you to our incredible staff team and all of our supporters who keep turning up every day, committed to our mission. We couldn't do this without you and look forward to all the next year will bring.

TRACEY HALL (ED)
JO SCHUMANN (COUNCIL PRESIDENT)

COUNCIL

REPORT

SHFPACT COUNCIL IS THE GOVERNING BODY OF THE ORGANISATION.

Council members are elected from the wider membership at Annual General Meetings for two-year terms or appointed to fill vacancies throughout the year with appointed member terms ending at the subsequent AGM.

Zyl Hovenga-Wauchope stepped down from the role of President at the 2023 AGM and Jo Schumann was appointed to the role in December 2023, and continued in the role for the remainder of the financial and calendar years. The continuing members were Lucy Mitchell and Rochelle White.

Council's long-term succession planning approach to membership was very successful and saw four new Council members successfully elected through this process: Veronica Williams, Amelia Druhan, Alexandra Grant and Angelina Inthavong. Appointees during this financial year were Aditi Malhotra (December 2023) and Jeremy Halcrow (July 2024).

The Council is supported by two subcommittees; the Finance and Risk Committee (FARM) and the Governance and Remuneration Committee, providing closer oversight and support for these critical functions.

In addition to ensuring stable succession in governance, 2023/24 saw the Council focus on the strategic environment as the organisation continues towards new funding arrangements and opportunities, while managing significant growth after a long period of resource uncertainty. Additionally, all Council members attended an AICD Director's Course in November 2023.

One of the Council's most significant responsibilities was the recruitment of a new Executive Director. Tracey Hall was the successful candidate in April 2024, selected from a highly competitive pool of applicants.

The Organisation's Strategic Plan was due to expire in 2023. However, due to the impacts of Covid 19 pandemic, the Council reviewed, updated and confirmed the strategic directions document as still relevant and extended the timeframe of the Strategic Plan for a further two years.

As we look ahead to 2025, Council members are preparing to review and revise the Strategic Plan in conjunction with senior management. Additional focal points include providing strategic oversight to enhance reporting mechanisms, driving organisation performance and growth, and ensuring continued best practice in risk management.



TIM BAVINTION OUTGOING ED

COUNCIL MEMBERS 2023-2024

PRESIDENT	Zyl Hovenga-Wauchope (until November 2023) Jo Schumann (from December 2023)
VICE PRESIDENT	Amelia Druhan
SECRETARY	Lucy Mitchell
TREASURER	Veronica Williams (Chair of Finance, Audit and Risk subcommittee)
MEMBER	Melissa Hobbs (Stepped down at 2023 AGM)
MEMBER	Bronwyn Clark (Stepped down at 2023 AGM, term limit applies, three x 2-year terms)
MEMBER	Rochelle White (Chair of Governance and Remuneration Subcommittee)
MEMBER	Alexandra Grant (from July 2023)
MEMBER	Angelina Inthavong (from July 2023)
MEMBER	Aditi Malhotra (from July 2023)
MEMBER	Jeremy Halcrow (from July 2024)

FINANCIAL PERFORMANCE

THE FINANCIAL PRESSURE FACED BY NOT FOR PROFITS IN THE CURRENT OPERATING ENVIRONMENT IN THE ACT AND MORE BROADLY HAS BEEN WIDELY PUBLICISED IN RECENT TIMES.

Unfortunately, SHFPACT has not been immune to these challenges and has returned a significant deficit in 2023/2024 (\$252,354). Multiple factors have contributed to this result, with increasing service provision costs unmatched by funding growth and indexation being a major influence. Delays in the ACT Health commissioning process have extended the timeframe of the structural deficit, with relief anticipated in 2024/2025.

SHFPACT's self-generated revenue streams showed significant growth with fee revenue for unfunded clinical services and education/training programs increasing by 26% and 20% respectively. The uplift is due to a combination of service growth on the back of return to pre-pandemic levels of activity.

The organisation wide deficit had an obvious negative impact on reserves and equity, with the current ratio falling from 1.23:1 at end June 2023 to 1.22:1 at end June 2024. This downward trend is obviously unsustainable, and the proposed multiprong strategy to ensure sustainability of the organisation going forward includes advocacy for increased funding and diversification of funding streams, including fee for service.

Members will notice a significant decrease compared to the prior year in the cash assets and other current liabilities in the balance sheet and cash flow position for the financial year. This reflects the expense of previous year funding held as income in advance and unexpended grants, most notably from the payments of SHFPACT's funding contract with Dept of Social Services for the Safer Me, Safer You project.

The audit of SHFPACT's financial statements for financial year 2024 was conducted by Bell Chambers Barrett. This is the fifth audit conducted by the firm for SHFPACT. The audit finding is an unqualified result.

FINANCIAL STATEMENTS FOLLOW THE QR CODE





TOTAL
CLIENTS

CLINICAL
3,887

AREAS OF IMPACT

CLINICAL SERVICES

SEXUAL AND REPRODUCTIVE HEALTH

SHFPACT provides a client-centred suite of reproductive and sexual health primary healthcare services, including sexual health screening, contraception, pregnancy, menopause, pelvic pain and women's and men's healthcare. Services are provided from a primary clinical site and through outreach activities.

KEY ACHIEVEMENTS

CLINIC OUTCOMES

The clinic provided a comprehensive range of appointments and procedures including:

- **4009** Doctor appointments (including 50 funded appointments)
- **1837** Nurse consultations
- **588** funded nurse consultations
- **519** IUD insertions
- **98** Implanon insertions



MENOPAUSE OUTCOMES

- Demand for menopause services increased by **800%** in the last 7 years, with **816** sessions provided in 2023/2024
- SHFPACT is considered an expert in this field with two doctors presenting a webinar for the Capital Health Network on Menopause and Menopause Hormone Therapy. Over **100** people have viewed the webinar
- We submitted a paper to the Senate Community Affairs References Committee Inquiry into Issues Related to Menopause and Perimenopause

ASSERTIVE OUTREACH

- **SWOP** : The Sex Worker Outreach Program provided vital health services and support to the local sex worker community
- **SHLiRP** : Schools outreach programs delivered sexual health education and STI testing to students
- **Cup Day STI Testing Outreach** : Partnered with local universities to provide accessible STI testing on campus

INNOVATIONS & IMPROVEMENTS

Several clinical improvements were introduced this year.

- **Extended Mirena Licensing** : Mirena IUDs are now licensed for 8 years, providing longer-term contraceptive options for patients
- **Self-Collected Cervical Screening Test (CST)** : We launched self-collected CST for eligible patients, increasing accessibility and comfort for cervical screening

SERVICE EXPANSION

In response to growing demand, the clinic expanded its workforce and services by:

- **New employees** : Increased staffing with additional doctors and nurses to meet patient needs
- **GP registrar training** : **2** GP registrars joined the clinic for a 6-month placement each
- **Pelvic Pain Clinic** : Established a dedicated clinic to address and manage chronic pelvic pain, offering specialised care

Ongoing efforts to assess and improve patient satisfaction was a key focus, including the IUD Survey demonstrating that **97%** of respondents felt adequately prepared for the procedure and **94%** said they would refer a friend to SHFPACT for an IUD insertion.

CLINICAL EDUCATION

SHFPACT is the leader in integrated sexual and reproductive health workforce development, including post-graduate sexual and reproductive health education for nurses and doctors in the ACT region. Training courses include theoretical and practical (clinical placement) components.

COURSES FOR DOCTORS

- **FPAACertificate in Reproductive and Sexual Health** : Equipped doctors with the essential skills and knowledge to provide reproductive and sexual health services (**8** participants)
- **Implanon Insertion Courses** : Ensured participants could confidently perform Implanon insertions. (**14** participants)
- **IUD Insertion Courses** : Supported doctors to master IUD insertion techniques. The course covered various types of IUDs and patient centred care (**8** participants)

MEDICAL STUDENT TRAINING

- **Pelvic examinations Lecture to ANU (1st year medical students)** : **113** students
- **Practical Skills Session (3rd year rural medical students)** : hands-on session designed to teach rural medical students the technique of performing speculum examinations using SHFPACT Clinical Associates (**28** rural medical students)
- **Nurse Well Women's Screening Training** : Equips nurses working in primary care, with the knowledge and skills needed to undertake cervical screening tests in the context of a well women's screening consultation. Includes self collect. (**7** participants)
- **Midwifery Student Training (2nd year)**: Lecture attended by **20** midwifery students and 1 day observation placement provided for **6** students





PELVIC PAIN CLINIC

SHFPACT’s Pelvic Pain Clinic, funded by Capital Health Network, has delivered a multiprong approach, designed to improve quality of life outcomes for patients, through individualised interventions and treatment plans, training and capacity building for GPs and Allied Health clinicians, and improved interconnection, networks and ongoing supports for the sector through the ACT Pelvic Pain Network.

KEY ACHIEVEMENTS

- Establishment of the Pelvic Pain Clinic, like many new initiatives, the initial 9 months of the program has been a time of great innovation in which approaches have been trialled, reviewed and modified, with the team adjusting to challenges as they arise, learning from the results and implementing changes to ensure the greatest impact for the community.

103

82

- Nurse pelvic pain consultations
- Dr pelvic pain consultations
- Establishment of the Pelvic Pain Network for clinicians, designed to build capacity of allied health professionals in the community by providing training, information and peer support.
- Significant improvement in the quality of life demonstrated at 3 month follow up visits
- Positive feedback on clinic services with an overall average score of 9.27/10 in relation to “how likely patients were to recommend the pelvic pain clinic at SHFPACT to family or friends.”

COUNSELLING

SHFPACT provides Canberra's only free pregnancy options counselling service for people with an unintended pregnancy.

This service is client-centred, confidential, non-directive, and refers for all options. Appointments are an hour long and can be one off or more as needed. They are most commonly face to face; however, counselling can be provided by phone if required.

SHFPACT's support to people with disabilities includes one-to-one and group counselling programs to enhance relationships, sexuality, sexual and reproductive health, and social safety skills and understanding.

KEY ACHIEVEMENTS

300 58

- Hours of pregnancy options counselling sessions funded by ACT Health
- Predominant themes of counselling sessions provided to people with disabilities were boundaries, consent and relationships
- Sessions are funded through client NDIS plans, or ACT Health Sexuality and Disability funding
- Counselling sessions for people with disabilities
- Counselling for clients with disability may form or lead onto a multi disciplinary approach used with individuals
- Group or individual education sessions

PROFESSIONAL DEVELOPMENT TRAINING

SHFPACT delivers theory and clinical attachment training for medical practitioners, registered nurses and allied health professionals in sexual and reproductive healthcare. In addition, SHFPACT provides a wide range of professional development and training activities to support workers in the education, youth, community, and disability support and advocacy sectors to improve reproductive and sexual health.

CLINICAL TRAINING

SHFPACT delivers a variety of training programs for clinicians, reflecting the organisation's dedication to improving reproductive health education and expanding the capabilities of healthcare providers in underserved areas. (See the Clinical Services Area of Impact page for more information)

Below is a snapshot of the work completed by the professional development training team in 2024:

- **8** Doctors completed FPAA certificate in sexual and reproductive health
- **14** Doctors completed Implanon training
- **8** Doctors completed IUD training - Theory
- **6** Doctors completed IUD training - Placement
- **28** medical students completed practical skills session in speculum examination
- **100+** first year medical students attended lecture on female pelvic examination
- **7** Registered nurses attended WWSC training and **6** completed clinical placement
- **10** undergraduate midwifery placements were offered

NON-CLINICAL TRAINING

168 44

- **168** People attended SoSAFE! User Training in the ACT and surrounding areas
- **81** primary and secondary teachers participated in bespoke Relationships and Sexuality Education training
- **44** University students studying health and PE teaching participated in bespoke training in gender and sport
- **86** primary and secondary teachers participated in our TQI Accredited Trainings
- **1** Masters of Counselling student from UC completed a placement at SHFPACT

COMMUNITY AND SCHOOLS EDUCATION

SHFPACT provides comprehensive, responsive and tailored programs to a broad range of community groups and schools on all aspects of sexual and reproductive health and rights, and sexuality and relationships education.

KEY ACHIEVEMENTS

4758 416

- Students in the ACT and surrounding areas were offered educational sessions. The sessions were delivered in **51** schools and topics covered included:
 - > Consent
 - > Respectful Relationships
 - > Gender Stereotypes
 - > Physical Changes of Puberty
 - > Protective Behaviours
 - > Healthy and Normal Bodies
 - > Gender and Sexuality
 - > Contraception
 - > STI and BBV prevention, detection and treatment
- Provided education sessions at various community settings including Bimberi, AGA Encampment, AMC, CAMHs Cottage, Companion House, Migrant and Refugee Resettlement Service (MARSS), and a 6 week informal program at Ainslie Village
- Facilitated education and health promotion activities at various education settings including CIT, ANU Colleges, Private Schools, Public Schools, Primary Schools, High Schools and Colleges
- Youth Peer Educators, funded as part of the Healthy Canberra Grants, worked at over **15** outreach stalls and developed **8** new resources to be used at future outreach events
- Parents attended Parent Information Evenings regarding content covered in school programs
- SHFPACT educators developed and implemented Grades 3-4 puberty workshops and reviewed the Grades 5-6 puberty workshops in line with the new puberty education content descriptors, in the National Curriculum version 9
- **6** Senior secondary colleges were engaged in the Sexuality, Healthy Lifestyles and Relationships Program (SHLiRP) with **2,364** students attending education sessions and **1,313** students engaging directly with educators at the health promotion table
- Delivered education sessions in Farsi, ensuring access for people from non-English speaking backgrounds. **34** people attended tailored education sessions and **11** people attended individual education sessions, all delivered in Farsi



HEALTH PROMOTION AND INFORMATION SERVICES

SHFPACT works with community partner organisations to promote access to sexual and reproductive health services and improve sexual and reproductive health literacy through community-based health promotion projects and activities. SHFPACT provides a range of health information resources in person, in print and online to inform decisions about sexual and reproductive health.

KEY ACHIEVEMENTS

- SHFPACT's factsheets cover a range of current, evidence-based sexual & reproductive health information and are updated biennially
- Factsheets are available in print form and as a downloadable PDF on SHFPACT's website
- **15** factsheets were updated, and a pelvic pain factsheet was developed
- New resources developed by Youth Peer Educators through the Healthy Canberra Grant includes:
 - > Emergency Contraception pocket guide
 - > New consent booklet, banner and t-shirts
 - > A new booklet, Talking About Herpes
- Health promotion team attended **5** health promotion events in government high schools and colleges across ACT and the surrounding area, and **16** health promotion events at CIT, ACU, ANU, UC
- Health promotion team attended stalls at the following events:
 - > Women's Health Matters Wellbeing Day
 - > Jean Hailes Health Week
 - > Perinatal Festival
 - > WINc Pink Night
 - > Reclaim the Night
 - > South Fest Battle of the Bands
- **14,000** condoms were handed out attached to **7000** roses on National Condom Day
- SHFPACT hosted site visits for various community services groups and school groups



AREAS OF IMPACT

SAFER ME, SAFER YOU



THE SAFER ME SAFER YOU, BIG MEETING — DECEMBER 2023



SAFER ME, SAFER YOU

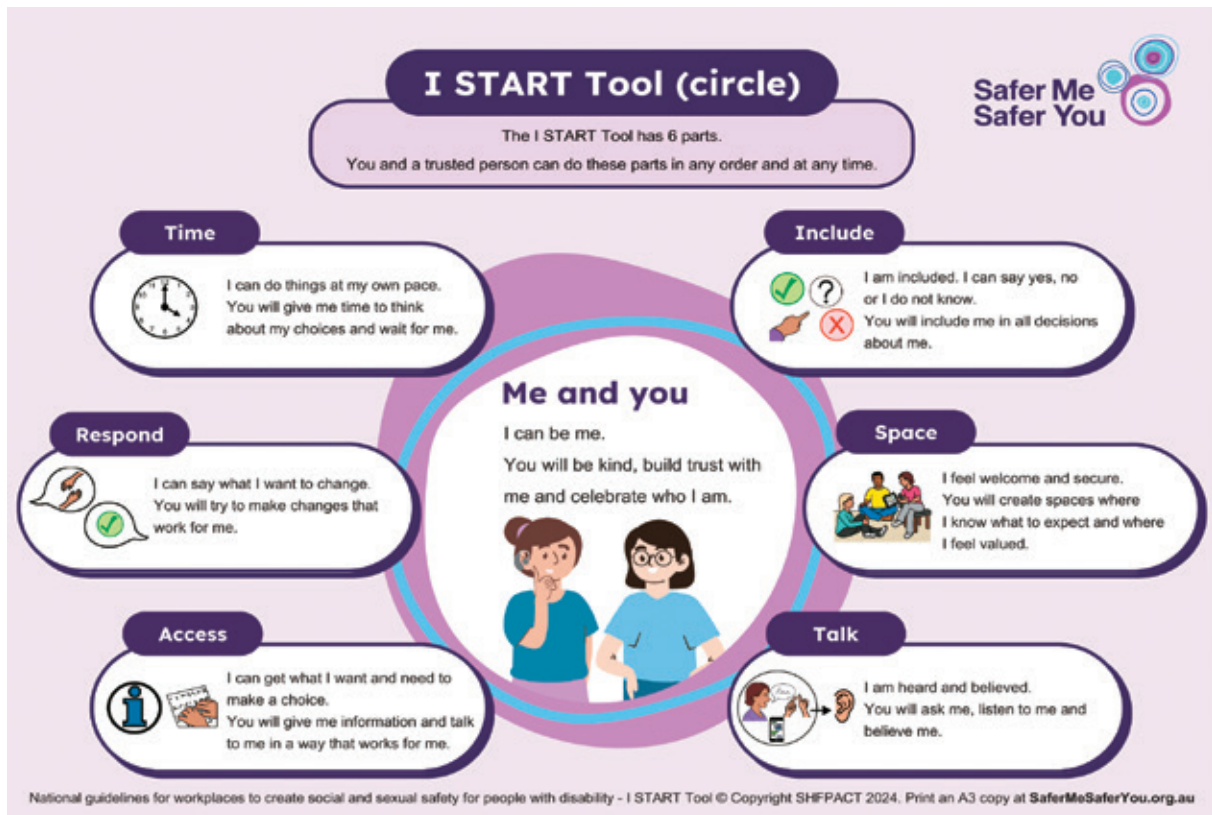
The Australian Commonwealth Department of Social Services (DSS) has provided funding to SHFPACT to increase workforce sector capability to create and support the social and sexual safety of people with disabilities. The Safer Me Safer You project aims to create a future where people with disabilities, inclusive of all gender identities, experience social and sexual safety always, and everywhere. Below is a snapshot of the work completed by the Safer Me, Safer You team in 2024

NEW NAME FOR THE PROJECT

In response to feedback we have received over the past 2 -3 years, the Safer Girls Safer Women team changed its name to Safer Me Safer You in order to ensure our name is more inclusive of the people we work with and whom our project affects. Our previous name focused on the experiences of women and girls. However, we know our project also involves gender-diverse people with disability and boys and men with disability.

Our new name emphasises the importance of relationships in order for people to be safer, rather than their gender, and acknowledges that people of all genders, with disability, experience violence and feelings of unsafety.

This new name is also reflected in our new National Guidelines and is the central concept of the I-Start Tool (the summary of the Guidelines, in previous reports, known as the A STARR model). It reflects the importance of each relationship that people with disability have, and the importance of that relationship in creating social safety (and where appropriate, sexual safety too).



The image above is one version of the I-Start Tool. It is part of the National Guidelines for service providers to create social and sexual safety for people with disability. The Guidelines can be read via the QR code.

PHASE ONE IS ALMOST COMPLETE

In this final year of Phase One of the project we have finalised and published several new guidelines, resources and reports on our new website www.SaferMeSaferYou.org.au. These include:

- Version 1 of the National Guidelines for workers to create social and sexual safety with, and for people with disability.
- Ten case studies on So SAFE! implementation partnerships with our project partners
- A resource on how to respond to a disclosure of sexual violence in a safe and supportive way for supporters of people with disability
- Two resources on consent: Introduction to Consent and Introduction to Sexual Consent
- Many Easy Read resources on sexual health and sexual rights (some original and some by other Family Planning organisations)
- Amplifying the Voices Report which details the principles of codesign utilised throughout Phase One of this project.

PHASE ONE DATA

During phase one of the project, a total of 960 people were trained in SoSAFE! The state by state and territory breakdown is below.

960

WHERE	2023	2024	TOTAL
ACT	5	33	38
NSW	166	78	244
SA	0	59	59
QLD	84	0	84
VIC	15	0	15
TAS	77	112	189
WA	18	0	18
NT	180	133	313

THESE NUMBERS TELL ONLY A PART OF THE STORY!

There was incredible interest in the Northern Territory; we often had full training rooms, and we trained people from a large variety of workplaces including: Forensic disability, behaviour support practitioners, teachers, police and allied health staff. Many of these people worked across the NT in remote communities.

We have received requests to continue to deliver training in Darwin and also in Katherine and Alice Springs.

800

The smallest number of people trained (15) was in Victoria. We trained coaches from the FIDA (the Victorian AFL competition for players with intellectual disability). This training will impact over 800 players and their volunteers and supporters from across the state.

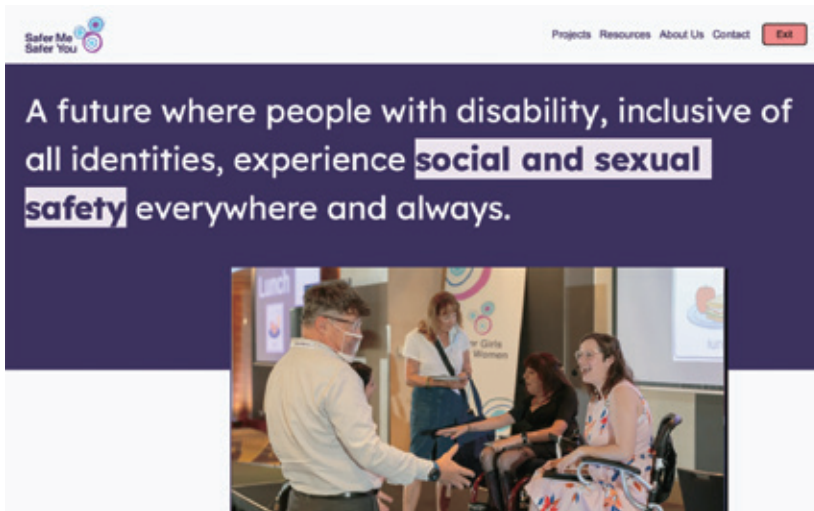
See the case study on the website.

The large number in Tasmania in 2024 (122) included one day of training for 95 teachers and support staff from 6 local schools in the regional area of Smithton. This session was the first time that these staff had been brought together for training. Many staff commented on how important it was to all be 'on the same page' and to learn about social and sexual safety as a community wide approach.

KEY ACHIEVEMENTS

NEW WEBSITE

Our new website showcases key resources for workers and people with disability to access appropriate and accessible resources on consent, respectful relationships, and sexual health.



RESOURCES

A resource library, with accessibility as the primary consideration was co-designed by various members of our Project Advisory Group. The careful planning ensure it can be used by as many people as possible with consideration of:

- Font, colors, contrast and legibility
- Ease of layout and page design for those who use screen readers
- Filtering by easy read and plain language
- Use of plain language/ minimal text where possible
- Addition of simple 'signposting' highlighting the purpose of various aspects of the website
- Consideration of access on mobile phone as well as desktop.

The resources listed in the resource library include those created by Safer Me Safer You team and other Australian resources that were selected for their relevance to our targeted audience, including those written by other family planning organisations or peak bodies such as Women with Disabilities Australia. This section of the website will continue to grow throughout the project.



RELATIONSHIPS

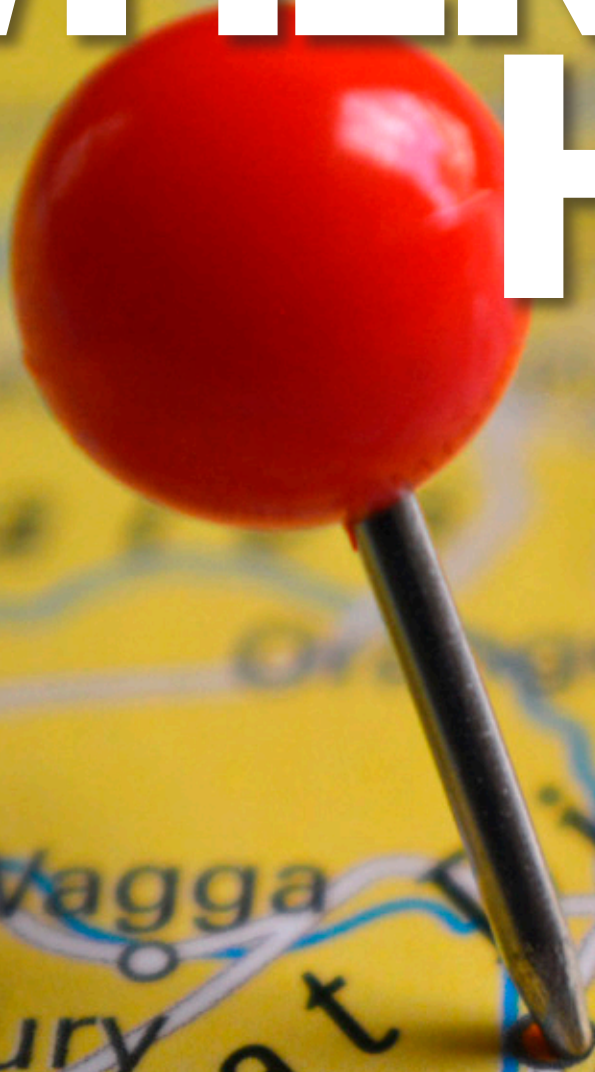
Strong relationships with the following groups were consolidated in this phase of the program:

- People with Disability Australia
- The National Disability Insurance Agency
- NDIS Quality and Safeguards Commission
- FullStop.org.au

The project was successful in being awarded a second round of funding, enabling us to commence Phase Two of the Project, which will continue until 2026.

ENGAGING WITH YOUNG PEOPLE

WHERE HAVE



WE BEEN?

GUNGAHLIN

Bimberi Youth Justice Centre
Franklin School
Gold Creek High School
Gungahlin College
The Harrison High
Margaret Hendry School
Neville Bonner Primary School

BELCONNEN

Adolescent Mental Health
CIT Bruce
Belconnen High School
Charnwood-Dunlop School
Melba Copland College
Radford College
Evatt Primary
Hawker College
Lake Ginninderra
Weetangera Primary

INNER NORTH

North Ainslie Primary
ANU
CIT Reid
Turner School

SOUTH CANBERRA

Campbell Primary
Canberra College
Canberra Girls Grammar School
Canberra Grammar School
Curtin Primary
Duffy Primary
Farrer Primary
Forrest Primary
Hughes Primary
Mawson Primary
Red Hill Primary
Yarralumla Primary

TUGGERANONG

Erindale College
Lake Tuggeranong College
Monash Primary
Wanniassa Hills Primary

NSW REGIONAL

Gundaroo Public School
North Goulburn Public School
Sutton Public School
The Anglican School Googong



4758

STUDENTS
ENGAGED.

TOPICS
COVERED
INCLUDED:
CONSENT,
RESPECTFUL
RELATIONSHIPS,
HEALTHY
AND NORMAL
BODIES AND
GENDER AND
SEXUALITY.

51

SCHOOLS
VISITED



NCD 2024 <



> CHILDREN BY CHOICE CONFERENCE



> CANBERRA COLLEGE EXPO

OUTREACH

SHFPACT's outreach work allows us to promote access to sexual and reproductive health services and improve sexual and reproductive health literacy through community-based health promotion projects and activities. At our outreach events we provide a range of health information resources to inform decisions about sexual and reproductive health.



TEACHERS' FAIR <



> PELVIC PAIN CONFERENCE



CUP DAY <



> SHLIRP OUTREACH



NCD 2024 <



> NCD 2024



> NCD 2024



> NCD 2024 : SHFAPCT STAFF MEMBERS

& EVENTS



NCD 2024 <



YOUTH PEER EDUCATORS <



> YOUTH PEER EDUCATOR



SHFPACT 50TH

ON MARCH 22, 2024, SHFPACT MEMBERS, COUNCIL, SUPPORTERS, FRIENDS AND STAFF MET AT THE BELCONNEN ARTS CENTRE TO CELEBRATE SHFPACT'S 50TH BIRTHDAY!

As a community organisation dedicated to improving the sexual and reproductive health of Canberrans, it was wonderful to celebrate with the wider Canberra community.

The night was an event filled with chatter and laughter as people wandered the space looking at the archival objects, a historical timeline, the National Condom Day poster display and lots more.

The climax of the evening was the wonderful insights provided by SHFPACT Life Members Val and Terry Hull, and past staff members, Erin Smith and Jenny Leung. Here's to another 50 years serving the Canberra Community!





ANNIVERSARY





PARTNER ORGANISATIONS & SUPPORTERS



THANK YOU

SEXUAL HEALTH AND FAMILY PLANNING ACT WOULD LIKE TO EXTEND A SPECIAL THANK YOU TO THE FOLLOWING ORGANISATIONS, PARTNERS AND PEOPLE.

A Gender Agenda
 Association of Parents & Friends of ACT Schools (APFACTS)
 Assurance Accounts
 Australasian Sexual Health & HIV Nurses Association
 ACT Council of Social Service (ACTCOSS)
 ACT Community Services Directorate
 ACT Education Directorate
 ACT Health Directorate
 ACT Office of the Coordinator - General for the Prevention of Family, Domestic & Sexual Violence
 ACT Office of LGBTIQ+ Affairs
 ACT Teacher Quality Institute (TQI)
 ACT Walk In Centres, Canberra Health Services
 ACT Youth Advisory Council
 Australian College of Rural & Remote Medicine
 Australian Government Dept of Social Services
 Australian Education Union (ACT)
 Australian National University
 ANU Respectful Relationships Unit
 ANU Students Association
 ANU Medical School
 Australian Primary Health Nurses Association (APHNA)
 Australian Research Centre for Sex, Health & Society
 La Trobe University
 Bellchambers Barrett
 Canberra Institute of Technology
 Canberra Rape Crisis Centre
 Canberra Sexual Health Centre, Canberra Health Services
 Capital Health Network
 Capital Region Community Services (CRCS)
 Capital Pathology
 CentreRed IT
 CIT Students Association
 Forensic & Medical Sexual Assault Care, Canberra Hospital
 FUSE Magazine & LGBTIQ Directory
 Griffin Legal
 Hepatitis ACT
 LEAD
 Lithium Innovation Pty Ltd
 Meridian
 Northside Community Service
 Parents & Citizens Council of the ACT
 Relationships & Sexuality Education Alliance
 Royal Australasian College of General Practitioners (RACGP)
 She Shapes History
 Society of Australian Sexologists (SAS)
 The STOP Campaign
 UC Medical & Counselling Centre

UC Students' Association
 Winnunga Nimmityjah Aboriginal Medical Service
 Women's Health Matters
 Women's Health Service, Canberra Health Services
 Women With Disabilities ACT (WWDACT)
 University of Canberra School of Education
 University of Canberra School of Midwifery

SPECIAL THANKS

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Members of the ACT Legislative Assembly for continued public advocacy to support all students to be welcome, safe and included in Canberra schools regardless of sexuality, intersex status, or gender identity/presentation, and for sexual health public policy that supports a diverse community.

SHFPACT's SoSAFE! Training Partners: Family Planning Tasmania, SHQ (Western Australia), and Pyramid Education Consultants UK.

SHFPACT STAFF

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Coordinator Reception
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Counsellor
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- Tammy Souquet
- Victoria Kilpatrick

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Skills Placement
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GP registrar, and MO
- Clare Holberton
Senior Medical Officer
- Danielle Butler
- Ellen Hinch*
- Heidi He
- Monique Hayes
GP Registrar Extended
Skills Placement
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Senior Medical Officer
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- Yoo-Mi Kim

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- Yundi (Maggie) Li
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The Safer Me Safer You team acknowledges the work and support of project consultants Danielle Dal Cortivo & James McDougall as important contributors to progressing the work of the project.

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Executive Assistant to the Director & Council Executive Officer

SENIOR DIRECTORS

- Sheridan Kerr
- Sarah-Jane Olsen

EXECUTIVE DIRECTOR

- **Tim Bavinton***
(until March 22, 2024)
- **Sarah-Jane Olsen**
(March 25, 2024 – June 3, 2024)
- **Tracey Hall** (June 3, 2024)

* Staff member departed during year.



NO MATTER WHO IDENTIFY YOUR SEXUAL HEALTH MATTERS

FEMALE
DOCTORS AND
NURSES ARE
AVAILABLE



BOOK APPOINTMENTS ONLINE
OR CALL OUR TEAM **6247 3077**
MORE DETAILS **SHFPACT.ORG.AU**

- Cervical Screening
- Breast checks and breast awareness education
- STI testing, treatment and advice
- HIV and blood borne virus testing
- Contraception including IUDs and other long acting options

- Canberra Menopause Centre
- Sexual & reproductive health services
- Services for people with disabilities
- Fertility issues and pre-conception advice
- Emergency contraception / Morning After Pill



The SHFPACT clinic is located at **Level 1, 28 University Ave, Canberra City**. We offer an all inclusive, holistic, confidential and respectful service. Call **02 6247 3077** for more details or to make appointment. Visit us online at **shfpact.org.au**

SHFPACT is a health promotion charity (HPC) assisted with funding from the ACT Government.

SEXUAL HEALTH AND FAMILY PLANNING ACT

ANNUAL REPORT

2023-2024



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